

# Roadmap to Restarting Hockey

CONTINUING CONDITIONS • Social Distancing, 1.5m and hygiene • Stay home if you're sick • Tracking, tracing, rapid response • COVID SAFE Plan

Associations & Clubs have completed a COVID SAFE Plan before returning to hockey.

## Stage 1: 15 May 2020 (4 weeks)

### Government Directive:

- > Gatherings of up to 10 people:
  - > No formal organised community team sport
  - > Outdoor, non-contact activity
  - > Must maintain 1 person per 4 square meters along with social distancing and enhanced hygiene measures

### Hockey Alignment with Directive:

- > No formal organised community hockey.
- > Members can continue to train by themselves
- > Fitness training
- > Hockey Associations and Clubs prepare for Stage 2. Completing COVID SAFE Checklists & Safety Management Plans.

## Stage 2: 12 June 2020 (4 weeks)

### Government Directive:

- > Gatherings of up to 20 people:
  - > Community sports
  - > Outdoor, non-contact activity
  - > Must maintain 1 person per 4 square meters inside
  - > 20 person rule includes all players, coaches, spectators and any other person who attends the gathering.

### Hockey Alignment with Directive:

- > COVID SAFE Plans completed
- > Training to include:
  - > Fitness and physiological training
  - > Individual skills
  - > training between players e.g. hitting/trapping, passing/dribbling, shooting
  - > Training must be non-contact e.g. No tackling, etc.
  - > Sharing of equipment permitted
  - > No sharing of bibs, water bottles or shin guards, masks or pads.
- > Other Requirements: \*Refer to Checklists and COVID SAFE Plans for more information
  - > Field bookings with staged starts
  - > Players to do their own strapping if required.
  - > Equipment must be wiped down and sanitised before, during and after each session.

## Stage 3: 10 July 2020 (4 weeks)

### Government Directive:

- > Gatherings of up to 100 people:
    - > Community sports resumes
    - > Full training and competition
- ### Hockey Alignment with Directive:
- > Management of venue to maintain the 100 cap
  - > Management of fixtures to maintain the 100 cap
  - > Maintain public health rules:
    - > Physical distancing off the pitch
    - > 4 square meters per person when indoors
    - > Hand hygiene
    - > Respiratory hygiene
    - > Frequent environmental cleaning and disinfection
  - > Refer to Checklists and COVID SAFE Plans for more information

**HOCKEY FACILITIES  
REMAIN CLOSED  
NO COMMUNITY HOCKEY**

**HOCKEY GAMES RESUME  
COMPETITION CAN START**

**CLUB TRAINING RESUMES  
NO GAMES or GAME BASED TRAINING**